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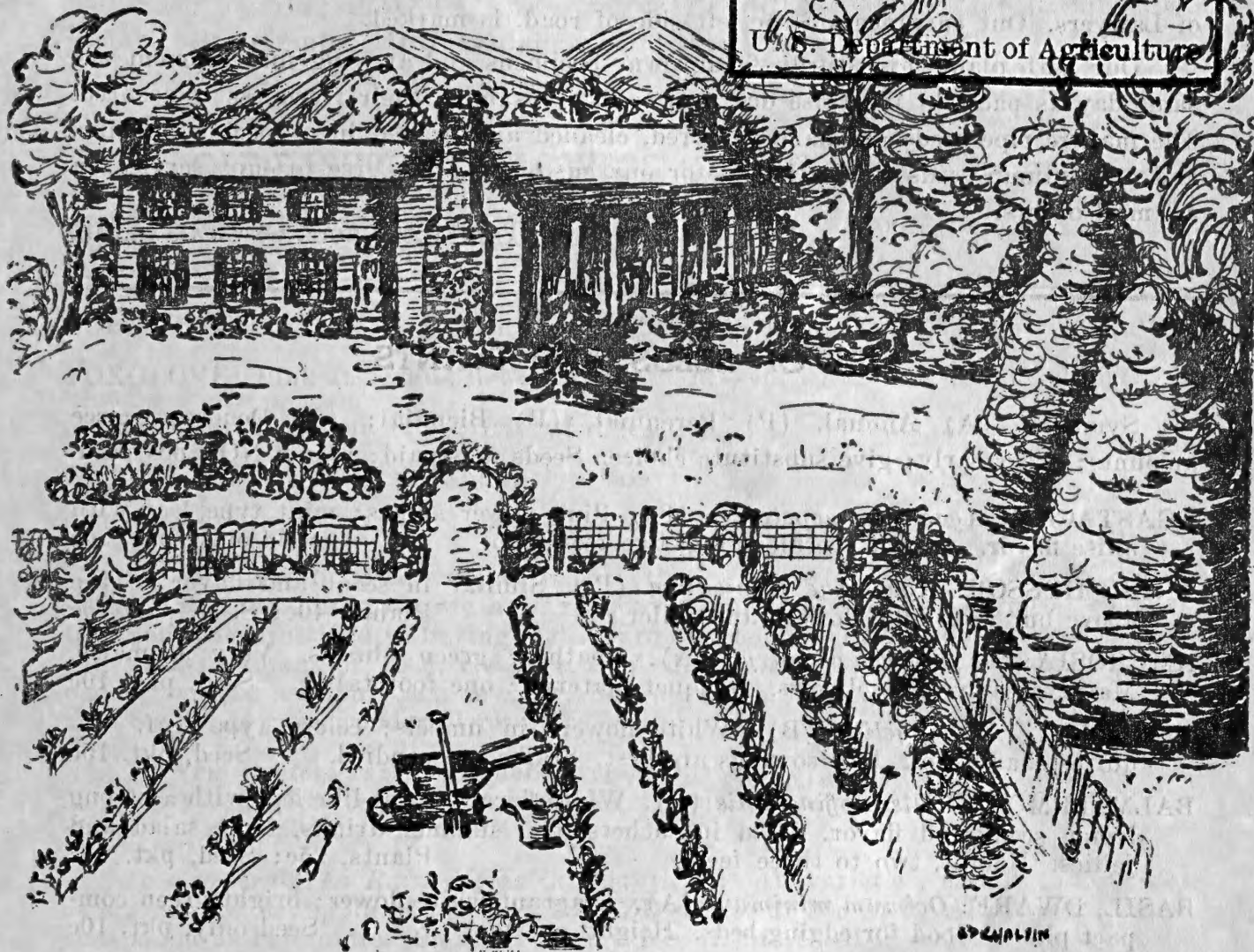
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# PLANTATION GARDENS

HERB GROWERS

R. F. D. 2 - - LYNCHBURG, VIRGINIA



# PLANTATION GARDENS

PLANTATION GARDENS herb farm is located 12 miles south of Lynchburg. Visitors are welcome at any time. To reach our plantation, take Highway No. 29, south from the city, turn right on state road No. 622, for one mile, toward the village of Lawyers. Our entrance, on the left side of road, is marked.

Our herb plants are sturdy fieldgrown specimens and are dug for shipment the same day as packed. We raise our own seeds for sale so their freshness is assured. The mature ripe seeds are hand-gathered, cleaned and graded in a special machine, and only plump seeds are packaged for our customers. We give prompt service on all mail orders.

MR. AND MRS. BRUCE G. CHALFIN, JR.

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## LIST OF SEEDS AND PLANTS

Symbols: (A) Annual, (P) Perennial, (B) Biennial; (\*) Denotes scarce amounts; order early; give substitute choice. Seeds postpaid; plants NOT postpaid.

AGASTACHE: *Agastache nepetoides* (P). Pink flower spikes; mint type leaf with anise flavor. Almost everblooming, two feet high. Seed only, pkt. 20c

ANISE HYSSOP: *Agastache foeniculum* (P). Similar in scent and flavor to the above but with blue flowers and taller. \*Plants, 40c; Seed, pkt. 15c

AMBROSIA: *Chenopodium botrys* (A). Feathery green plumes. Very aromatic. Matures early and selfsows. Bouquet material; one foot tall. Seed, pkt. 10c

ANGELICA: *Archangelica* (B). White flowers in umbels; celery type leaf. Requires shady spot. Fall sowings are best. Stalks are candied. Seed, pkt. 15c

BALM, LEMON: *Melissa officinalis* (P). White florets; mint-like leaf with a strong lemon scent and flavor. Used in sachets, tea, summer drinks, fruit salad and jellies. Height, two to three feet. Plants, 25c; Seed, pkt. 10c

BASIL, DWARF: *Ocimum minimum* (A). Fragrant white flower; bright green compact plant. Good for edging beds. Height, one foot. Seed only, pkt. 10c

BASIL, LEMON: A graceful basil with a decided citrus flavor and aroma. Used to season vegetables, salad, French Dressing. 18 inches high. Seed, pkt. 10c

BASIL, LETTUCE LEAF: An improved strain of the old lettuce variety, being larger and more fragrant. A handsome plant with extra yields for drying of the leaves for winter use. Two feet tall. Seed, pkt. 10c

BASIL, SACRED: *Ocimum sanctum*. Lavender flowers and a pleasing plant for the garden and borders. Height, 18 inches. Seed, pkt. 10c

BASIL, SWEET: *Ocimum basilum*. The most popular variety for seasoning of salad, vegetables and especially tomato dishes. Two feet tall. Seed, pkt. 10c

BASIL, PURPLE: *Ocimum purpureum*. Pink flower and purplish leaf. Very ornamental. Spicy flavor; ideal for Basil vinegar. Height, 2 feet. Seed, pkt. 10c

BASIL THYME: *Satureia nepeta* (P). A hardy and unusual herb that thrives in any soil. Lavender blooms; mint flavored leaves. One foot tall. Plants, 25c; \*Seed, pkt. 25c

BERGAMOT: *Monarda didyma* (P). Scarlet Beebalm. A showy, aromatic plant. Used in potpourri and sweet bags. Two feet tall. Plants only, 35c

*Monarda fistulosa* (P). Lavender Beebalm. Plants, 40c; \*Seed, pkt. 25c

*Monarda punctata* (P). Spotted Monarda. Yellow flowers with purple dots, three and four on each stem, graduated in size. Plants, 35c; Seed, pkt. 10c

BORAGE: *Borage officinalis* (A). Deep blue flowers touched with pink, similar to Anchusa. Leaf used in salad. Bee food. Two feet. Seed, pkt. 10c

BURNET, SALAD: *Saguisorba* (P). Lovely picoted leaf; velvety rose colored blossoms. Leaves cucumber flavored. Used in salads, soup and mixed herb vinegar. Evergreen. Height, 1 foot. Plants, 30c; Seed, pkt. 10c



- BETONY, WOOLY:** *Stachys lanata* (P). Lamb's Ears. Purple flower sprays and gray, soft as velvet, leaves make unique flower arrangements. Nice plant for edging the borders. Height, 10 inches. Plants, 25c; Seed, pkt. 10c
- CARAWAY:** *Carum carvi* (B). Fern-like leaf; white umbels. Seeds produced the second year; in biscuits, cakes, cheeses, cookies. Seed only, pkt. 10c
- CATNIP:** *Nepeta catari* (P). Lavender flowers, gray leaf. Prefers partial shade. Used as a tea; for the pet cat. Plants, 30c; Seed, pkt. 10c
- CHAMOMILE:** *Matricaria chamomilla* (A). White daisy flower; selfsown seedlings green all winter. Leaf for tea. Height, three feet. Seed, pkt. 10c
- CHERVIL:** *Anthriscus cerefolium* (B). Matures quickly so may be treated as annuals. Sow in cool weather. A delicate seasoning for salad, fish, eggs, sauces. Seed, pkt. 15c
- CHIVES:** *Allium schoenoprasum* (P). Gay lavender flowers, almost everblooming. An important seasoning for every garden. Plants, 25c; Seed, pkt. 10c
- CORIANDER:** *Coiandrum sativum* (A). Pale lilac bloom; matures early. The brown seeds (crushed) add a lemon flavor to cake, apple pie and sauce. Height, one foot. Seed, pkt. 10c
- DILL:** *Anthum gravelens* (A). Leaves season sauces, salads, potatoes; seeds in rye bread, pickles and vinegar. Height, three feet. Seed, pkt. 10c
- FENNEL, FLORENCE:** *Finocchio* (A). Yellow umbels; ferny leaf. Stalks eaten like celery; leaves in salad, fish, sauce; seeds in cakes. Four feet. Seed, pkt. 10c
- FENNEL, SWEET:** *Foeniculum officinale* (P). Similar to Finocchio. Seeds are used to add an anise flavor. Height, five feet. Seed only, pkt. 10c
- FEVER FEW:** *Matricaria chrysanthemum* (P). White double flowers; bright green aromatic foliage. Excellent vase material. Plants, 35c; Seed, pkt. 10c
- FEVER FEW:** Single flower with yellow center. Plants, 30c; Seed, pkt. 15c
- ELECAMPANE:** *Inula helenium* (P). Large yellow flowers; rough leaf. Roots have a cinnamon flavor; used in liquors. \*Seed only, 25c
- HOREHOUND:** *Marrubium vulgare* (P). Small white flower; gray leaf. Leaves used in candy and tea for sore throats. Plants, 30c; Seed, pkt. 15c
- HYSSOP:** *Hyssop officinalis* (P). Shrubby plant, almost evergreen. Very decorative in garden and vase. Flowers all season long. Mixed colors of white, pink or blue. Height, 2 feet. Plants, 35c; Seed, pkt. 10c
- LAVENDER:** *Officinalis*. Fragrant purple flower; gray leaf. Two feet. Plants, 40c  
**Vera:** Dwarf Munstead strain. One foot. Plants, 60c; Seed, pkt. 20c  
**Spica:** Larger flower sprays than English Lavandula; very strong fragrance, used in French perfume. Germinates more easily from seed than other types. Plants, 40c; Seed, pkt. 15c
- MARJORAM, SWEET:** *Marjorana hortensis* (P). Grayish-green, with very sweet scent. Tender in the north where it is treated as annuals or wintered indoors. Leaves used in salad, soup, eggs, meats, and sachets. Height, one foot. Plants, 40c; Seed, pkt. 10c
- POT:** *Origanum vulgare* (P). Purple flower, dark green leaf. Hardy and valuable for flower arrangements. Plants, 35c; Seed, pkt. 10c
- POT:** *Origanum onites* (P). Pink flower, lighter green leaf; the true pot marjoram. Height, 1½ feet. \*Plants, 50c; \*Seed, pkt. 35c
- MINT: APPLE:** *Mentha gentilis* (P). For jellies. \*Roots, each, 40c
- BERGAMOT:** *Citrata*. Orange flavor. \*Roots, each, 45c
- CURLY:** *Spicata crispa*. Strong flavor. \*Roots, each, 45c
- SPEAR:** *Mentha spicata*. Vinegar sauce for lamb. Clump, 30c
- NEPT:** *Nepeta mussini* (P). Lavender flower sprays; gray leaf; blooms most of the summer. Height, eight inches. Plants, 35c; Seed, pkt. 15c





- PEPPER GRASS:** An annual cress that thrives in sun. Finely cut, curled leaf; very tangy salad seasoning. Height, one foot. Seed, pkt. 10c
- PARSLEY: CURLED (B).** Good for garnishing. Sow early. One foot. Seed, pkt. 10c  
**ITALIAN (B).** Excellent, strong flavor. Height, 2 feet. Seed, pkt. 10c
- PERIWINKLE:** *Vinca minor* (P). Purple flower, dark shiny evergreen leaf. Grows in sun or shade and spreads rapidly. Plants, 25c
- PERILLA:** *Frutescens crispa* (A). Lovely mauve flower in spikes; handsome purple leaf. Aromatic scent. Height, 2 feet. Seed, pkt. 10c
- ROSEMARY:** *Rosmarinus officinalis* (P). Blue blossom; beautiful dark green scented leaf. Used in preserves, pickles, poultry, pork, veal and for sweet bags. Tender in the north. Plants, 50c; Seed, pkt. 10c
- RUE:** *Ruta graveolens* (P). Yellow flowers; beautiful blue-green scalloped leaf. Almost continuous bloom. Foliage ideal for floral arrangements. Height, two to three feet. Plants, 30c; Seed, pkt. 10c
- SAFFRON, AMERICAN:** *Carthamus tinctorius* (A). Orange flowers. Used to color rice, butter and puddings. Height, two feet. Seed, pkt. 10c
- SAGE: CLARY:** *Salvia sclarea* (B). Shaded mauve and blue flowers; pebbled leaf. Showy in appearance; strong scented. Height, two feet. \*Seed, pkt. 25c  
**GARDEN:** *Salvia officinalis* (P). Deep purple flower; gray leaf. A good cut-flower plant. Used in pork, poultry, sausage. Height, two feet. Plants, 35c; Seed, pkt. 10c
- PINEAPPLE:** *Rutilans* (P). Tender herb; winter inside. Lovely crimson flowers; pineapple scent and flavored leaf. Used in summer drinks and jellies. \*Plants, 75c
- SUMMER SAVORY:** *Satureia hortensis* (A). Small pink blooms. Leaf seasons soup, meats, salad and especially good with string beans. Seed, pkt. 10c
- SESAME, BENE:** *Sesamum indicum* (A). Pink, bell-like flowers similar to Fox-glove. Seeds, slightly toasted, are delicious in cookies, cakes, creole pralines. Gather when first pod opens. Seed, pkt. 10c
- SKIRRET:** *Sium sisarum* (P). White umbels; shiny, toothed leaf. Root cooked as a vegetable. Divide clumps when crowded. Plants, 40c; Seed, pkt. 10c
- SMALLAGE:** *Apium graveolens* (B). Celery type leaf with similar flavor. If started early in frame will produce seeds first season. Leaves and seeds used same as regular celery. \*Plants, 40c; \*Seed, pkt. 25c
- SORREL, FRENCH:** *Rumex scutatus* (P). Bronze flowers, useful for bouquets. Leaf used for mixed salad and sorrel soup. Plants, 40c; Seed, pkt. 10c
- TARRAGON, FRENCH:** *Artemisia dracunculus* (P). Leaves are unsurpassed for seasoning salad, chicken, fish and vinegar. Plants only, 50c
- TANSY:** *Tanacetum vulgare* (P). Yellow clustered flowers; ferny leaf. Plants, 40c
- THYME: ENGLISH:** *Thymus vulgaris* (P). Very necessary in the herb garden. Pink blossom; small green shrubby plant. The peppery scent of the leaf is mouth-watering. Used in soup, meats, sauces, jelly, vinegar and canned tomato juice. Plants, 25c; Seed, pkt. 15c  
**FRENCH (P):** Similar to the above, narrow leaf. \*Plants only, 50c
- VALERIANA:** *Officinalis* (P). A garden Heliotrope with deep rose blooms from spring through fall. Good for cutting. Plants, 40c; Seed, pkt. 25c
- VERBENA, LEMON:** *Lippia citriodora*. Tender perennial. Lovely herb with very fragrant flower and leaf. Used in sachets, jelly. \*Seed, pkt. 50c
- WOAD:** *Isatis tinctoria* (B). Bright yellow flowers in earliest spring. Very pretty blue-green leaf. Old dye plant. Plants, in early spring or fall only, 35c; Seed, pkt. 10c

**WORMWOOD: SWEET:** *Artemisia annua* (A). Many small yellow blossoms. Feathery foliage, refreshingly fragrant. A moth repellent. Seed, pkt. 10c  
**ROMAN:** *Artemisia pontica* (P). A silvery, shrubby herb with interesting form and growth. Height, two feet. Plants only, 40c

When ordering PLANTS, please add FIFTY CENTS (50c) for packing and postage. Seeds sent postpaid; minimum order, FIFTY CENTS (50c).

## OLD-FASHIONED FLOWERS (Often Classed as Herbs)

**CHRYSANTHEMUM:** Mixed colors; single and double. Plants, 40c; Seed, pkt. 20c

**CANTERBURY BELLS:** Mixed colors; cup-and-saucer. Seed only, pkt. 15c

**COLUMBINE:** Mixed colors; long spurred. Fall plants only, 35c; Seed, pkt. 20c

**FOXGLOVE:** Pink and white flowered. Plants, spring or fall, 40c; Seed, pkt. 10c

**SPICE PINKS:** Mixed colors; fringed edges. Plants, 35c; Seed, pkt. 15c

**SWEET ROCKET:** Lavender and white flowered. Seed only, pkt. 20c

**SWEET WILLIAM:** Mixed colors. Seed only, pkt. 20c

**To Our Old Customers:** Please note that we are offering only one size seed packet this year. However, we have reduced the price of so many varieties that we feel more than justified in having a standard size only. We will continue to package a generous amount of good, clean seed. A dividend packet, as well as the bonus packet, will be sent for each re-order. We were glad to hear from so many of you that our seeds gave wonderful results.

**To New Customers:** All orders over \$1.25 will be given an extra seed packet, as bonus; your choice given consideration. Plant orders over total of \$5.00 will be given an extra plant (our selection, please).

**To Growers Who Raise Herbs in Quantities:** All varieties, except those listed as scarce, can be supplied in a TRADE SIZE packet at 35c each. Also, by the ounce and pound as heretofore. Please request prices if interested in weighed amounts.

## CHART FOR SOWING HERB SEEDS

**SYMBOLS:** Before the name of herb (E) Easy germination; (C) Carefully sow that smaller seeds are not covered too deeply.

**SYMBOLS:** After the herb (O) Open ground; (S) Seed bed or frame; (OS) either method.

### VARIETIES TO SOW IN EARLY SPRING

(When the Apple is in Bloom)

(E) Agastache (OS)	(E) Chives (O)	(E) Peppergrass (O)
(E) Ambrosia (O)	(E) Coriander (O)	(E) Rue (OS)
(C) Angelica (OS)	(E) Dill (O)	(E) Sage (OS)
(E) Balm (OS)	(E) Fever Few (OS)	(E) Savory (OS)
(C) Bergamot (OS)	(E) Horehound (OS)	(C) Skirret (OS)
(E) Borage (O)	(E) Hyssop (OS)	(E) Sorrel (O)
(E) Betony (OS)	(C) Lavenders (OS)	(E) Smallage (S)
(E) Burnet (OS)	(E) Marjoram (S)	(E) Sweet Fennel (O)
(E) Caraway (O)	(E) Monarda (OS)	(E) Thyme (OS)
(E) Catnip (OS)	(C) Nept (OS)	(C) Valeriana (S)
(E) Chamomile (O)	(C) Parsley (O)	(E) Woad (O)
(C) Chervil (O)	(E) Perilla (O)	(E) Wormwood (O)



## VARIETIES TO SOW IN LATE SPRING

(When the Ground is Really Warm)

- |                    |                         |                   |
|--------------------|-------------------------|-------------------|
| (E) Anise (O)      | (E) Florence Fennel (O) | (E) Rosemary (OS) |
| (E) Basils (OS)    | (E) Sesame (O)          | (E) Saffron (O)   |
| (C) Elecampane (O) |                         |                   |

## VARIETIES FOR LATE FALL SOWING

(Just Before the Ground Freezes)

All herbs listed under early spring sowing may be put into the open ground in very late autumn to germinate the following spring. Some herbs seeds need extra moisture or cold to help them sprout. This time saving method is especially recommended for these: ANGELICA, CARAWAY, CORIANDER, LAVENDER, CLARY SAGE, AMBROSIA, CHERVIL, SWEET WORMWOOD, THYME, LEMON BALM, CHIVES, CHAMOMILE, PARSLEY.

Additional information furnished on specific varieties on receipt of self-addressed and stamped envelope.

Sources of herb information: Books: *Magic Gardens; Green Enchantment; Herbs, Their Culture and Uses*, by Rosetta E. Clarkson. *Herbs, How to Grow Them and How to Use Them*, by Helen N. Webster. These may be borrowed from the public library or bought at your bookstore.

Herb Magazine: *The Herb Grower*, published monthly by the Fosters. Price \$2.50. This magazine may be ordered through us.

## PLANTATION RECIPES

### SESAME COOKIES

- |                             |                            |
|-----------------------------|----------------------------|
| 1 cup flour                 | 10 tablespoons white sugar |
| ½ cup shortening            | 6 tablespoons brown sugar  |
| 1 egg (beaten)              | 1 teaspoon baking powder   |
| ½ teaspoon salt             | 4 tablespoons coconut      |
| ½ teaspoon sesame seed      | 1 tablespoon milk          |
| 1 teaspoon almond flavoring |                            |

Toast sesame seeds with a little butter. Cream shortening and sugars. Add egg and flavoring. Sift dry ingredients and add with milk. Mix in sesame seeds and coconut. Bake at 375 for about ten minutes.

### CARAWAY CAKE

- |                            |                                      |
|----------------------------|--------------------------------------|
| 1 cup butter               | Yolks of five eggs and whites of two |
| ¾ cup milk                 | eggs, unbeaten                       |
| 3 cups pastry flour        | 3 teaspoon caraway seeds             |
| 2½ teaspoons baking powder | ½ teaspoon almond flavoring          |
| ¼ teaspoon salt            | 1 teaspoon vanilla                   |

Cream butter with hands until very soft. Mix in sugar gradually until light and fluffy. Add yolks, one at a time, stirring well. Put in the flavorings. Sift dry ingredients, adding alternately with the milk. Stir in whites of eggs and beat thoroughly. Add caraway seeds. Bake in a floured and greased loaf pan at 325 for one hour and forty minutes.

### SEEDS FOR BAKING

SESAME, CARAWAY, FENNEL, CORIANDER, ANISE, in waxed envelopes, at 25c each (minimum order 50c). Please specify Cooking Seeds if ordering these.

